

# Life is Better Vape Free

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Not Buying It

Not Buying It gives young Alaskans the facts they need to make decisions about their health and shares resources to quit vaping and using tobacco products.



[NotBuyingItAK.com](http://NotBuyingItAK.com)



AK Live Vape Free is a confidential texting program for teens ages 13-17 that shares proven strategies to successfully quit vaping.

Text VAPEFREE to 873373 for free, confidential support.



ALASKA NATIVE TRIBAL HEALTH CONSORTIUM

Choose to live Indigenous and Free with the Alaska Native Tribal Health Consortium. Check out these vaping resources from ANTHC.



[ANTHC.org/vaping](http://ANTHC.org/vaping)