

# VAPING CAN COST YOU A LOT



NOT  
Buying  
it



**Addiction** – Vaping increases your chances of addiction, which can make it harder to achieve your goals.



**Cancer** – Many cancer-causing chemicals have been found in vapes.



**Lungs** – Vapes can contain harmful substances and metals known to cause lung disease.



**Brain** – Nicotine harms your memory, mood and ability to learn. It can also worsen anxiety and depression.



**Heart** – Vaping increases your chances of heart attack and stroke.



**Money** – Vaping can cost thousands of dollars a year.



You and your health are worth saving.  
[NotBuyingItAK.com](http://NotBuyingItAK.com)



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